

SYDNEY METRO PICK UP DEADLINES												EFFECTIVE DECEMBER 2006											
Abbotsbury	F	Bilgola	I	Castle Cove	F	Davidson	K	Forestville	E	Horsley Pk Shops 10:30	LTD												
Abbotsford	C	Bilgola Plateau	I	Castle Hill	B	Dawes Point	E	Forest Lodge	E	Hoxton Park	F												
Acacia Gardens	F	Birchgrove	D	Castlecrag	G	Dean Park 9:30	LTD	Fox Studios 10:30	LTD	Hunters Hill	E												
Agnes Banks	I	Birkenhead Point	E	Casula	F	Dee Why	G	Fox Valley	G	Huntingwood	E												
Airds	G	Birrong	A	Catherine Fields 10:30	LTD	Dee Why West	G	Frenchs Forest	I	Huntleys Point	E												
Alexandria	E	Blackett	E	Cawdor 10:00	LTD	Denham Court 14:00	LTD	Fullers Bridge	E	Hurlstone Park	G												
Alfords Point	I	Blacktown	C	Cecil Hills 10:45	LTD	Denistone	B	Galston LTD	J	Hurstville	H												
Allambie	H	Blairmount	E	Centennial Park	G	Denistone East	C	Garden Island 11:00	LTD	Hurstville Grove 10:00	LTD												
Allambie Heights	F	Blakehurst	E	Charging Cross	E	Dharruk	I	Georges Hall	E														
Allawah	H	Blair Athol	F	Chatham Village	F	Diamond Bay	G	Georges Heights	J	Illawong	I												
Amaroo Park 10:30	LTD	Bligh Park	F	Chatswood	F	Dobroyd Head	E	Girraween	C	Ingleburn	E												
Ambarvale	G	Blues Point	E	Chatswood Chase 11:00	LTD	Dobroyd Point	B	Gladesville	E	Inglb Mil'ry Camp 14:00	LTD												
Annandale	C	Bondi	E	Chatswood West	E	Dolans Bay	H	Glebe	E	Ingleside	I												
Annangrove Village 10:30	LTD	Bondi Beach	G	Chatswood Westfields 11:00	LTD	Dolls Point	I	Glebe Point	E														
Anzac Village	I	Bondi Junction	F	Cheltenham	E	Doonside	E	Glen Alpine	G	Jamisontown	E												
Arncliffe	E	Bonnet Bay	F	Cherrybrook	F	Double Bay	E	Glendenning	G	Jannali	I												
Arndell Park	F	Bonnyrigg	G	Chester Hill	A	Dover Heights	I	Glenfield	E														
Artarmon	E	Bonnyrigg Heights	G	Chifley	E	Drummoyne	C	Glenhaven	I	Kangaroo Point	J												
Ashbury	C	Boronia Park	E	Chippendale	G	Duffys Forest 10:00	LTD	Glenmore Park 9:30	LTD	Kareela	I												
Ashcroft	F	Bossley Park	F	Chipping Norton	E	Dulwich Hill	F	Glenorie LTD	J	Kearns	G												
Ashfield	H	Botany	E	Chiswick	C	Dundas	J	Glenwood	E	Kellyville	G												
Asquith	E	Bow Bowling	E	Chowder Bay	E	Dundas Valley	I	Gordon	G	Kensington	E												
Auburn	B	Box Hill	G	Chullora	G	Dunheved	F	Gore Hill	G	Kenthurst LTD	J												
Austral 10:00	LTD	Bradbury	G	Church Hill	E	Dural	F	Grantham Heights	C	Kentlyn 9:00	LTD												
Avalon	I	Bradleys Head	E	Church Point 9:45	LTD	Eagle Vale	E	Granville	G	Killara	G												
		Brickfield Hill	E	Clairmont Meadows	I	Earlwood	E	Grasmere 10:30	LTD	Killarney Heights	E												
Balgowlah	J	Brighton-Le-Sands	I	Clarendon	F	East Botany	E	Grays Point 10:30	LTD	Kings Cross	E												
Balgowlah Heights	J	Broadway	E	Clareville	I	East Hills	J	Green Valley	E	Kings Langley	E												
Balls Haed	E	Bronte	G	Claymore	E	East Killara	E	Greenacre	G	Kings Park	C												
Balmain	D	Brookvale	F	Clempton Park	E	East Roseville	E	Greenfield Park	E	Kingsford	E												
Balmoral	J	Brownlow Hill 10:00	LTD	Clifton Gardens	J	East Ryde	E	Greenwich	E	Kingsgrove	G												
Bangor	G	Brush Farm	C	Clontarf	J	East Sydney	E	Greenwich Point	E	Kingswood	I												
Banksia	E	Bungan Beach	E	Clovelly	E	Eastern Creek 10:00	LTD	Greystanes	B	Kingswood Park	I												
Banksmeadow	E	Burraneer	H	Clyde	A	Eastgardens	E	Guildford	B	Kirkahm	E												
Bankstown	G	Burwood	C	Colebee	E	Eastlakes	E	Guildford Heights	E	Kirrawee	G												
Bankstown Airport	E	Burwood Heights	E	Collaroy	I	Eastwood	E	Gunnamatta Bay	E	Kirribilli	E												
Bantry Bay	E	Busby	E	Collaroy Beach	I	Edensor Park	E	GyMEA	G	Kissing Point	E												
Barden Ridge	G			Collaroy Plateau	I	Edgecliff	G	GyMEA Bay 10:30	LTD	Kogarah	G												
Bardwell Park	E	Cabarita	C	Colyton	E	Edmonson Park	F			Kogarah Bay	E												
Bass Hill	G	Cabramatta	C	Como	I	Elanora Heights	G	Haberfield	C	Kurnell 9:00	LTD												
Baulkham Hills	C	Cabramatta West	E	Como West	E	Elderslie	G	Hammondville	H	Kurraba Point	E												
Bayview	I	Cambridge Gardens	E	Concord	E	Elizabeth Bay	E	Harbord	G	Kyeemagh	I												
Beacon Hill	E	Cambridge Park	E	Concord West	E	Ellis Lane	G	Harrington Park	E	Kyle Bay 10:00	LTD												
Beaconsfield	E	Camden	G	Condell Park	E	Emerton	I	Harris Park	A														
Beaumont Hills	H	Camellia	E	Connells Point 10:00	LTD	Emu Heights	E	Hassal Grove	I	La Perouse	G												
Beauty Point	J	Cammeray	G	Coogee	E	Emu Plains	E	Haymarket	E	Lake Parramatta	A												
Beecroft	F	Campbelltown	F	Cranebrook 9:30	LTD	Enfield	E	Heathcote	I	Lakemba	E												
Belfield	E	Camperdown	E	Cremorne	G	Engadine	G	Hebersham	I	Lalor Park	C												
Bellevue Hill	E	Campsie	E	Cremorne Point	I	Enmore	E	Heckenberg	E	Lane Cove	G												
Belmore	E	Canada Bay	C	Cromer	G	Epping	G	Henley	G	Lansdowne	E												
Belrose	G	Canley Heights	C	Cromer Heights	G	Ermington	B	Hewitt	E	Lansvale	C												
Ben Buckler	E	Canley Vale	C	Cronulla	F	Erskine Park 9:30	LTD	Hillsdale	F	Lavender Bay	E												
Benkennie	E	Canterbury	E	Crows Nest	F	Erskineville	E	Hinchinbrook	E	Leichardt	C												
Berala	A	Caravan Head	I	Croydon	C	Eschol Park	E	HMAS Penguin	E	Leightonfield	A												
Berkshire Park 11:00	LTD	Careel Bay	I	Croydon Park	E	Eveleigh	F	Hobartville	F	Lemongrove	E												
Berowra	I	Caringbah	G	Curl Curl	G			Holsworthy 10:30	LTD	Leonay	E												
Berowra Heights	I	Carlingford	G	Currans Hill	G	Fairfield	C	Homebush	C	Leppington 10:30	LTD												
Berrys Bay	E	Carlingford Heights	G			Fairfield Heights	C	Homebush Bay	C	Lethbridge Park	I												
Beverly Hills	I	Carlton	G	Daceyville	E	Fairfield West	G	Homebush West	A	Leumeah	G												
Beverly Park	G	Carnes Hill	E	Darling Harbour	F	Fairlight	J	Horningsea Park	E	Lewisham	F												
Bexley	I	Carramar	C	Darling Point	G	Fairy Bower	I	Hornsby	E	Lidcombe	B												
Bexley North	G	Carss Park	E	Darlinghurst	F	Five Dock	C	Hornsby Heights	E	Lilli Pilli	H												
Bidwell	F	Cartwright	F	Darlington	G	Flemington	C	Horsby Westfields 10:30	LTD	Lilyfield	D												

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Lindfield	G	Melville	E	North Rocks	B	Raby	E	Spit Junction	K	Wahroonga	G										
Linley Point	F	Menai	G	North Ryde	E	Ramsgate	G	St Andrews	E	Waitara	G										
Little Bay	E	Merrylands	B	North Steyne	E	Randwick	E	St Clair	E	Wakeley	E										
Liverpool	F	Middle Cove	E	North Sydney	E	Redfern	F	St Helens Park	G	Wareemba	C										
Llandilo 11:00	LTD	Middle Dural 15:30	LTD	North Turramurra	E	Regents Park	A	St Ives	H	Warrawee	E										
Loftus	G	Middle Harbour	I	Northbridge	H	Regentville 11:00	LTD	St Ives Chase	H	Warriewood	I										
Londonderry 11:00	LTD	Middle Head	I	Northmead	E	Revesby	H	St Johns Park	E	Warringah Mall	I										
Long Bay	G	Mill Hill	E	Northwood	F	Revesby Heights	E	St Leonards	E	Warwick Farm	F										
Long Point	E	Miller	G	Oakhurst	E	Rhodes	E	St Marys	E	Waterloo	E										
Long Reef	I	Millers Point	E	Oakville 10:15	LTD	Richmond	G	St Peters	E	Watsons Bay 9:30	LTD										
Longueville	F	Milperra	G	Oatlands	E	Riverstone	F	Stanhope Gardens	F	Wattle Grove	H										
Lucas Heights 10:30	LTD	Milsons Point	E	Oatley 10:00	LTD	Riverview	F	Stanmore	E	Waverley	G										
Lugarno 10:30	LTD	Michinbury	E	Old Guildford	B	Riverwood	E	Strathfield	C	Waverton	E										
Lurline Bay	E	Minto	E	Old Toongabbie	C	Rockdale	E	Strawberry Hills	E	Wentworthville	A										
Lurnea	E	Minto Heights	E	Orchard Hills 10:15	LTD	Rodd Point	C	Summer Hill	F	Werrington	E										
		Miranda	G	Oxford Falls 10:00	LTD	Rogans Hill	I	Surry Hills	E	Werrington Downs	E										
McDonaldtown	E	Mobbs Hill	E	Oxley Park	E	Rookwood	B	Sutherland	F												
MacQuarie Fields	E	Model Farms	C	Oyster Bay	I	Rooty Hill	###	Sydenham	E	West Hoxton 10:30	LTD										
MacQuarie Park	C	Mona Vale	G			Rose Bay	G	Sydney CBD	F	West Pennant Hills	E										
MacQuarie S/C	LTD	Monteray	G	Paddington	F	Rosebery	E	Sylvania	E	West Pymble	E										
MacQuarie University	LTD	Moore Park	F	Padstow	E	Rosehill	E	Sylvania Heights	E	West Ryde	B										
Malabar	G	Moorebank	F	Pagewood	E	Roselands	G	Sylvania Waters	E	Westleigh	F										
Manahan	E	Mortdale	I	Palm Beach 10:00	LTD	Roselea	E			Westmead	A										
Manly	J	Mortlake	B	Panania	J	Rosemeadow	G	Tamarama	E	Wetherill Park	E										
Manly Vale	F	Mosman	G	Parklea	I	Roseville	E	Taren Point	F	Whalan	I										
Marayong	C	Mt Annan	G	Parramatta	C	Roseville Chase	E	Taronga Park (Zoo)	E	Whale Beach 10:00	LTD										
Maroubra	E	Mt Colah	E	Parramatta Westfields	C	Round Corner	G	Taverners Hill	E	Wheeler Heights	I										
Maroubra Junction	E	Mt Druitt	G	Peakhurst	F	Rouse Hill	G	Taylor Square	E	White Bay	D										
Marrickville	E	Mt Druitt Westfields 10:15	LTD	Pemulwuy	H	Royal N/S Hosp 10:15	LTD	Taylors Point 15:00	LTD	Wiley Park	G										
Marsden Park	F	Mt Kuring-Gai	E	Pendle Hill	A	Rozelle	C	Teloepa	G	Willmot	E										
Marsfield	C	Mt Lewis	E	Pennant Hills	E	Ruse	G	Tempe	E	Willoughby	F										
Mascot	E	Mt Pleasant (Penrith) 9:30	LTD	Penrith	E	Rushcutters Bay	E	Tennyson 2111	G	Windsor	E										
Mascot Airpot	I	Mt Prichard	E	Penshurst	I	Russell Lea	C	Terrey Hills	H	Wingala	E										
Matraville	E	Mulgrave	F	Petersham	E	Rydalmere	A	The Cross Roads	E	Winston Hills	C										
Mays Hill	B			Phillip Bay	G	Ryde	C	The Rocks	F	Wollstonecraft	E										
McCallums Hill	E	Narellan	G	Picnic Point	I			The Spit 9:00	LTD	Woodbine	E										
McGraths Hill	F	Narellan Vale	G	Plumpton	G	Sadlier	F	Thompsons Corner	E	Woodcroft	C										
McMahons Point	E	Naremburn	F	Point Piper	E	Sandringham	I	Thornleigh	E	Woodpark	B										
Meadowbank	B	Narrabeen	I	Port Botany	F	Sans Souci	H	Toongabbie	A	Woollahra	G										
Melrose Park	B	Narraweena	H	Potts Hill	G	Schofields	I	Top Ryde	B	Woolloomooloo	E										
Melville	E	Narwee	E	Potts Point	E	Seaforth	###	Tregear	I	Wooloware	F										
Menai	G	Neutral Bay	G	Prairiewood	E	Sefton	A	Turramurra	F	Woolwich	E										
Merrylands	B	Newington	G	Prestons	E	Seven Hills	C	Turrella	G	Woronora 10:15	LTD										
Middle Cove	E	Newport	H	POW Hospital 10:00	LTD	Shalvey	F			Woronora Heights 11:00	LTD										
Middle Dural 15:30	LTD	Newtown	E	Prospect	C	Shanes Park 11:00	LTD	Ultimo	E	Wynyard	E										
Middle Harbour	I	Normanhurst	F	Punchbowl	H	Sherwood Grange	B	Undercliffe	E												
Middle Head	I	North Balgowlah	J	Putney	G	Silverwater	A	Uni of NSW 10:00	LTD	Yagoona	G										
Mill Hill	E	North Bondi	G	Pymble	E	Smeaton Grange	G	Uni of Sydney 10:00	LTD	Yarra Junction	E										
Miller	G	North Curl Curl	G	Pyrmont	E	Smithfield	###			Yarrawarra	G										
Millers Point	E	North Epping	F			South Granville	A	Vaucluse	I	Yennora	A										
Milperra	G	North Manly	G	Quakers Hill	I	South Hurstville	E	Villawood	A	Yowie Bay	G										
Milsons Point	E	North Narrabeen	I	Queens Park 11:00	LTD	South Strathfield	E	Vineyard	I												
Michinbury	E	North Parramatta	A	Queenscliff	H	South Turramurra	G	Voyager Point 9:00	LTD	Zetland	E										

SYDNEY METRO - Ezy 1 Coupon Areas

Grose Vale 10:15	LTD	Kurmond 10:15	LTD	Mt Hunter 10:00	LTD	Picton	J	Thirlmere 9:30	LTD
Grose Wold 10:15	LTD	Kurrajong 10:15	LTD	North Richmond	H	Tahmoor 9:30	LTD		

SYDNEY METRO LIMITED SERVICE AREAS

Amaroo Park 10:30	LTD	Cranebrook 9:30	LTD	Holsworthy 10:30	LTD	Londonderry 11:00	LTD	Orchard Hills 10:15	LTD	Uni of NSW 10:00	LTD
Annangrove Village 10:30	LTD	Dean Park 9:30	LTD	Horsby Westfields 10:30	LTD	Lucas Heights 10:30	LTD	Oxford Falls 10:00	LTD	Uni of Sydney 10:00	LTD
Austral 10:00	LTD	Denham Court 14:00	LTD	Horsley Pk Shops 10:30	LTD	Lugarno 10:30	LTD	Palm Beach 10:00	LTD	Voyager Point 9:00	LTD
Berkshire Park 11:00	LTD	Duffys Forest 10:00	LTD	Hurstville Grove 10:00	LTD	MacQuarie S/C	LTD	Penrith Plaza 9:00	LTD	Watsons Bay 9:30	LTD
Brownlow Hill 10:00	LTD	Eastern Creek 10:00	LTD	Inglb Mil'ry Camp 14:00	LTD	MacQuarie University	LTD	POW Hospital 10:00	LTD	West Hoxton 10:30	LTD
Catherine Fields 10:30	LTD	Erskine Park 9:30	LTD	Kentyn 9:00	LTD	Middle Dural 15:30	LTD	Queens Park 11:00	LTD	Westmead Hospital	LTD
Cawdor 10:00	LTD	Fox Studios 10:30	LTD	Kurmond 9:15	LTD	Miranda Fair 10:15	LTD	Regentville 11:00	LTD	Whale Beach 10:00	LTD
Cecil Hills 10:45	LTD	Garden Island 11:00	LTD	Kurnell 9:00	LTD	Mt Druitt Westfields 10:15	LTD	Royal N/S Hosp 10:15	LTD	Windsor Downs 10:15	LTD
Chatswood Chase 11:00	LTD	Glenmore Park 9:30	LTD	Kyle Bay 10:00	LTD	Mt Pleasant (Penrith) 9:30	LTD	RPA Hospital	LTD	Woronora 10:15	LTD
Chatswood Westfields 11:00	LTD	Grasmere 10:30	LTD	Leppington 10:30	LTD	Nelson 9:30	LTD	Shanes Park 11:00	LTD	Woronora Heights 11:00	LTD
Church Point 9:45	LTD	Grays Point 10:30	LTD	Liverpool Hospital	LTD	Oakville 10:15	LTD	Taylors Point 15:00	LTD		
Connells Point 10:00	LTD	GyMEA Bay 10:30	LTD	Llandilo 11:00	LTD	Oatley 10:00	LTD	The Spit 9:00	LTD		

NB. TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE. SUBURBS NOT LISTED ARE OUTSIDE OUR METRO PICK UP AREA.

PICK UP ORDER DEADLINE:

	A	B	C	D	E	F	G	H	I	J	K
AM RUN	11:45	11:30	11:15	11:10	11:00	10:45	10:30	10:15	10:00	9:30	9:00
PM RUN	16:00	16:00	16:00	16:00	16:00	16:00	16:00	16:00	16:00	16:00	16:00

SYDNEY METROPOLITAN AREA UP & DELIVERY SCHEDULE

	ORDER DEADLINE	DELIVERY BETWEEN
SAME DAY	AS ABOVE	13:30-17:00
OVERNIGHT	16:00	8:00-12:00 (following day)

LTD - Limited Service Areas ### = Suburbs enquire with office for cut off time

SUBURBS NOT LISTED - PLEASE CHECK COUNTRY LISTINGS

AUTOMATIC BOOKINGS AVAILABLE 24 HOURS, SEVEN DAYS PER WEEK / RECIEVER PAYS CUT OFF 15 MINS PRIOR TO SUBURB CUT OFF TIMES

OPERATOR HOURS: 8:00am - 5:30pm WEEKDAYS

PHONE 1300 36 1000

FAX 1300 36 1100