



couriers please



# SYDNEY SUBURBAN PICK UP DEADLINES

EFFECTIVE  
JUNE 2009

Abbotsbury.....F	Botany.....E	Concord West.....E	Forest Lodge.....E	Kellyville.....G	Merrylands.....B
Abbotsford.....C	Bow Bowling.....E	Condell Park.....E	Forestville.....E	Kellyville Ridge.....I	Middle Cove.....E
Acacia Gardens.....F	Box Hill.....G	Connells Point.....I	Fox Studios.....G	Kensington.....E	Middle Dural.....I
Agnes Banks.....I	Bradbury.....I	Coogee.....E	Fox Valley.....G	Killara.....G	Middle Harbour.....I
Airds.....I	Bradleys Head.....E	Cranebrook.....9.30 LTD	Frenchs Forest.....I	Killarney Heights.....E	Middle Head.....I
Alexandria.....E	Brickfield Hill.....E	Cremorne.....G	Freshwater.....G	Kings Cross.....E	Mill Hill.....E
Alfords Point.....I	Brighton-Le-Sands.....I	Cremorne Point.....I	Fullers Bridge.....E	Kings Langley.....E	Miller.....G
Allambie.....H	Broadway.....E	Cromer.....G		Kings Park.....C	Millers Point.....E
Allambie Heights.....F	Bronte.....G	Cromer Heights.....G		Kingsford.....E	Milperra.....G
Allawah.....H	Brookvale.....F	Cronulla.....F	Garden Island.....11.00 LTD	Kingsgrove.....G	Milsons Point.....E
Amaroo Park.....10.30 LTD	Brush Farm.....C	Crows Nest.....F	Georges Hall.....E	Kingswood.....I	Minchinbury.....E
Ambarvale.....I	Bungan Beach.....E	Croydon.....C	Georges Heights.....J	Kingswood Park.....I	Minto.....E
Annandale.....C	Burraneer.....H	Croydon Park.....E	Girraween.....C	Kirrawee.....G	Minto heights.....E
Annangrove Village.....10.30 LTD	Burwood.....C	Curl Curl.....G	Gladesville.....G	Kirribilli.....E	Miranda.....G
Anzac Village.....I	Burwood Heights.....C	Currans Hill.....G	Glebe.....E	Kissing Point.....E	Mobbs Hill.....E
Arncliffe.....E	Busby.....E		Glebe Point.....E	Kogarah.....G	Model Farms.....C
Arndell Park.....F		Daceyville.....E	Glen Alpine.....I	Kogarah Bay.....E	Mona Vale.....G
Artarmon.....E	Cabarita.....C	Darling Harbour.....F	Glendinning.....G	Kurmond.....H	Monterey.....G
Ashbury.....C	Cabramatta.....C	Darling Point.....F	Glenfield.....E	Kurnell.....9.00 LTD	Moore Park.....F
Ashcroft.....F	Cabramatta West.....E	Darlinghurst.....F	Glenhaven.....I	Kurraba Point.....E	Moorebank.....F
Ashfield.....H	Cambridge Gardens.....E	Darlington.....G	Glenmore Park.....J	Kurrabung.....H	Murrumbidgee.....I
Asquith.....E	Cambridge Park.....E	Davidson.....F	Glenwood.....E	Kyeemagh.....I	Mortlake.....B
Auburn.....B	Camden.....J	Dawes Point.....E	Gordon.....G	Kyle Bay.....I	Mosman.....G
Austral.....I	Camden Park.....J	Dean Park.....J	Gore Hill.....G		Mt Annan.....G
Avalon.....I	Camden South.....J	Dee Why.....G	Grantham Heights.....C	La Perouse.....G	Mt Colah.....E
	Camellia.....E	Dee Why West.....G	Granville.....G	Lake Parramatta.....A	Mt Druitt.....G
Balgowlah.....J	Cammeray.....G	Denistone.....B	Grays Point.....G	Lakemba.....E	Mt Druitt Westfields.....H
Balgowlah Heights.....J	Campbelltown.....G	Denistone East.....C	Green Valley.....E	Lalor Park.....C	Mt Kuring-Gai.....E
Balls Head.....E	Camperdown.....E	Dharruk.....J	Greenacre.....G	Lane Cove.....G	Mt Lewis.....E
Balmain.....D	Campsie.....E	Diamond Bay.....G	Greenfield Park.....E	Lansdowne.....E	Mt Pleasant (Penrith).....9.30 LTD
Balmoral.....J	Canada Bay.....C	Dobroyd Head.....E	Greenwich.....E	Lansvale.....C	Mt Pritchard.....E
Bangor.....G	Canley Heights.....C	Dobroyd Point.....B	Greenwood Point.....E	Lavender Bay.....E	Mulgrave.....F
Banksia.....E	Canley Vale.....C	Dolans Bay.....H	Greystanes.....B	Leichhardt.....C	
Banksmeadow.....E	Canterbury.....E	Dolls Point.....I	Grose Vale.....H	Leightonfield.....A	Narellan.....G
Bankstown.....G	Caravan Head.....I	Doonside.....E	Grose Wold.....H	Lemongrove.....E	Narellan Vale.....G
Bankstown Airport.....E	Careel Bay.....I	Double Bay.....E	Guildford.....B	Leonay.....E	Naremburn.....F
Bantry Bay.....E	Caringbah.....G	Dover Heights.....I	Guildford Heights.....E	Lethbridge Park.....I	Narrabeen.....I
Barden Ridge.....G	Carlingford.....G	Drummoyne.....C	Gunnamatta Bay.....E	Leumeah.....G	Narraweena.....H
Bardwell Park.....G	Carlingford Heights.....G	Duffys Forest.....I	Gymea.....G	Lewisham.....F	Narwee.....E
Bass Hill.....G	Carlton.....G	Dulwich Hill.....F	Gymea Bay.....G	Liberty Grove.....G	Neutral Bay.....G
Baulkham Hills.....C	Carnes Hill.....E	Dundas.....J	Haberfield.....C	Lidcombe.....B	Newington.....G
Bayview.....I	Carramar.....C	Dundas Valley.....I	Hammondville.....H	Lilli Pilli.....H	Newport.....H
Beacon Hill.....E	Carss Park.....E	Dunheved.....F	Harbord.....G	Lilyfield.....D	Newtown.....E
Beaconsfield.....E	Cartwright.....F	Dural.....I	Harrington Park.....G	Lindfield.....G	Normanhurst.....F
Beaumont Hills.....H	Castle Cove.....F	Eagle Vale.....E	Harris Park.....A	Linley Point.....F	North Balgowlah.....J
Beauty Point.....J	Castle Hill.....B	Earlwood.....E	Hassall Grove.....I	Little Bay.....E	North Bondi.....G
Beecroft.....F	Castlecrag.....G	East Botany.....E	Haymarket.....E	Liverpool.....F	North Curl Curl.....G
Belfield.....E	Casula.....F	East Gardens.....E	Heathcote.....I	Llandilo.....11.00 LTD	North Epping.....F
Belleve Hill.....E	Cecil Hills.....F	East Hills.....I	Hebersham.....I	Loftus.....G	North Manly.....G
Belmore.....E	Centennial Park.....G	East Killara.....E	Heckenberg.....E	Londonderry.....11.00 LTD	North Narrabeen.....I
Belrose.....G	Charing Cross.....E	East Roseville.....E	Henley.....G	Long Bay.....G	North Parramatta.....A
Ben Buckler.....E	Chatham Village.....F	East Ryde.....E	Hewitt.....E	Long Point.....E	North Richmond.....H
Benkennie.....E	Chatswood.....F	East Sydney.....E	Hillsdale.....F	Long Reef.....I	North Rocks.....B
Berala.....A	Chatswood Chase.....E	Eastern Creek.....I	Hinckley.....E	Longueville.....F	North Ryde.....E
Berkshire Park.....11.00 LTD	Chatswood West.....E	Eastlakes.....E	HMAS Penquin.....E	Lucas Heights.....10.30 LTD	North Steyne.....E
Berowra.....I	Cheltenham.....E	Eastwood.....E	Hobartville.....F	Lugarno.....I	North Sydney.....E
Berowra Heights.....I	Cherrybrook.....F	Edensor Park.....E	Holsworthy.....10.30 LTD	Lurline Bay.....E	North Turramurra.....E
Berrys Bay.....E	Chester Hill.....A	Edgecliffe.....G	Homebush.....C	Lurnea.....E	Northbridge.....H
Beverley Hills.....I	Chifley.....E	Edmondson Park.....F	Homebush Bay.....C		Northmead.....E
Beverley Park.....G	Chippendale.....G	Elanora Heights.....G	Homebush West.....A	MacDonaldtown.....E	Northwood.....F
Bexley.....I	Chipping Norton.....E	Elderslie.....H	Horningsea Park.....E	Macquarie Fields.....E	
Bexley North.....I	Chiswick.....C	Elizabeth Bay.....E	Hornsby.....E	Macquarie Park.....C	Oakhurst.....H
Bidwell.....F	Chowder Bay.....E	Emerton.....I	Hornsby Heights.....E	Macquarie University.....C	Oakville.....H
Bilgola.....I	Church Hill.....E	Emu Plains.....E	Horsley Park Shops.....G	Malabar.....G	Oatlands.....E
Bilgola Plateau.....I	Church Point.....9.45 LTD	Enfield.....E	Hoxton Park.....F	Manahan.....E	Oatley.....I
Birchgrove.....D	Clairmont Meadows.....I	Engadine.....G	Hunters Hill.....E	Manly.....J	Old Guildford.....B
Birkenhead.....E	Clarendon.....F	Englorie Park.....I	Huntingwood.....E	Manly Vale.....F	Old Toongabbie.....C
Birrong.....A	Clareville.....I	Enmore.....E	Huntleys Point.....E	Marayong.....C	Orchard Hills.....H
Blackett.....E	Claymore.....E	Epping.....G	Hurlstone Park.....G	Maroubra.....E	Oxford Falls.....I
Blacktown.....C	Clemont Park.....E	Ermington.....B	Hurstville.....H	Maroubra Junction.....E	Oxley Park.....E
Blairmount.....E	Clifton Gardens.....J	Erskine Park.....J	Hurstville Grove.....I	Marrickville.....E	Oyster Bay.....I
Blakehurst.....E	Clontarf.....J	Erskineville.....E		Marsden Park.....F	
Blair Athol.....G	Clovelly.....E	Eschol Park.....E	Illawong.....I	Marsfield.....C	Paddington.....F
Blues Point.....E	Clyde.....A	Everleigh.....F	Ingleburn.....E	Mascot.....E	Padstow.....E
Bondi.....E	Colebee.....E	Fairfield.....C	Ingleburn Military.....14.00 LTD	Mascot Airport.....I	Pagewood.....E
Bondi Beach.....G	Collaroy.....I	Fairfield Heights.....C	Ingleside.....I	Matraville.....E	Palm Beach.....10.00 LTD
Bondi Junction.....F	Collaroy Beach.....I	Fairfield West.....G		Mays Hill.....B	Panania.....I
Bonnet Bay.....F	Collaroy Plateau.....I	Fairlight.....J	Jamisontown.....E	McGraths Hill.....F	Parklea.....I
Bonnyrigg.....G	Colyton.....E	Fairy Bower.....I	Jannali.....###	McMahons Point.....E	Parramatta.....C
Bonnyrigg Heights.....G	Como.....E	Five Dock.....C	Kangaroo Point.....J	Meadowbank.....B	Parramatta Westfields.....C
Boronja Park.....E	Concord.....E	Flemington.....C	Kareela.....I	Melrose Park.....B	Peakhurst.....F
Bossley Park.....F			Kearns.....G	Melville.....E	Pemulwuy.....###
				Menai.....G	Pendle Hill.....A

## SYDNEY METROPOLITAN AREA PICK UP & DELIVERY SCHEDULE

	ORDER DEADLINE	DELIVERY BETWEEN
SAME DAY	AS ABOVE	1.30pm – 5.30pm
OVERNIGHT	4.00pm	8.00am – 12.00pm (following day)

LTD – LIMITED SERVICE AREAS. PLEASE CHECK WITH OFFICE.

SUBURBS NOT LISTED – PLEASE CHECK COUNTRY LISTS.

Automatic bookings Available 24 hours, daily seven days per week. OPERATOR HOURS: 8.00am – 5.30pm WEEKDAYS.  
Receiver Pays cut-off time is 15 mins prior to Suburb cut-off times.

PHONE:  
1300 36 1000

FAX:  
1300 36 1100



# SYDNEY SUBURBAN PICK UP DEADLINES

EFFECTIVE  
MAY 2009

Pennant Hills ..... E	Revesby Heights ..... E	Sandringham.....I	Surry Hills ..... E	Undercliffe ..... E	Wetherill Park ..... E
Penrith ..... E	Rhodes..... E	Sans Souci ..... H	Sutherland ..... F	Uni Of NSW ..... 10.00 LTD	Whalan.....I
Penshurst.....I	Richmond..... G	Schofields .....I	Sydenham ..... E	Uni Of Sydney ... 10.00 LTD	Whale Beach ..... 10.00 LTD
Petersham ..... E	Riverstone.....F	Seaforth ..... # # # #	Sydney CBD ..... F		Wheeler Heights.....I
Phillip Bay ..... G	Riverview ..... F	Sefton ..... A	Sylvania ..... E	Vaulcluse ..... I	White Bay ..... D
Picnic Point ..... I	Riverwood ..... E	Seven Hills ..... C	Sylvania Heights ..... E	Villawood.....A	Wiley Park ..... G
Plumpton ..... I	Rockdale ..... E	Shalvey ..... I	Sylvania Waters ..... E	Vineyard ..... I	Willmot ..... I
Point Piper ..... E	Rodd Point ..... C	Shanes Park..... 11.00 LTD		Voyager Point..... 9.00 LTD	Willoughby ..... F
Port Botany ..... F	Rogans Hill.....I	Sherwood Grange ..... B	Tamarama..... E		Windsor ..... E
Potts Hill ..... G	Rookwood ..... B	Silverwater ..... A	Taren Point..... F	Wahroonga..... G	Windsor Downs..... # # # #
Potts Point ..... G	Rooty Hill..... # # # #	Smeaton Grange ..... A	Taronga Park (Zoo) ..... E	Waitara ..... G	Wingala ..... E
Prairiewood..... E	Ropes Crossing.....I	Smithfield..... # # # #	Taverners Hill..... E	Wakeley ..... E	Winston Hills..... C
Prestons..... E	Rose Bay ..... G	South Granville..... A	Taylor Square..... E	Wareemba..... C	Wollstonecraft..... E
POW Hospital ... 10.00 LTD	Rosebery ..... E	South Hurstville ..... G	Taylor's Point ..... 15.00 LTD	Warrawee..... E	Woodbine ..... G
Prospect..... C	Rosehill ..... E	South Strathfield..... E	Telopea ..... G	Warriewood..... I	Woodcroft ..... C
Punchbowl ..... H	Roselands ..... G	South Turramurra..... G	Tempe ..... E	Warringah Mall..... I	Woodpark..... B
Putney..... G	Roselea ..... E	Spit Junction ..... K	Tennyson..... # # # #	Warwick Farm..... F	Woollahra ..... G
Pymble..... E	Rosemeadow ..... I	St Andrews ..... E	Terrey Hills..... H	Waterloo ..... E	Woolloomooloo..... E
Pyrmont ..... E	Roseville..... E	St Clair ..... E	The Cross Roads..... E	Watson Bay..... 9.30 LTD	Wooloware ..... F
	Roseville Chase..... E	St Helens Park ..... I	The Ponds ..... I	Wattle Grove ..... H	Woolwich ..... E
Quakers Hill..... I	Round Corner..... G	St Ives ..... J	The Rocks ..... F	Waverley ..... G	Woronora ..... F
Queens Park ..... E	Rouse Hill..... G	St Ives Chase..... J	The Spit ..... 9.00 LTD	Waverton ..... E	Woronora Heights ..... E
Queenscliffe..... H	Royal N/S Hospital... 10.15 LTD	St Johns Park ..... E	Thompson's Corner..... E	Wentworthville ..... A	Wynyard ..... E
	Rozelle ..... C	St Leonards..... E	Thornleigh ..... E	Werrington ..... E	
Raby..... E	Ruse..... I	St Marys ..... E	Toongabbie ..... A	Werrington Downs ..... E	Yagoona ..... G
Ramsgate..... G	Rushcutters Bay..... E	St Peters ..... E	Top Ryde ..... B	West Hoxton..... G	Yarra Junction..... E
Randwick ..... E	Russell Lea ..... C	Stanhope Gardens..... F	Tregear..... I	West Pennant Hills..... E	Yarrawarrah ..... G
Redfern ..... F	Rydalmere ..... A	Stanmore ..... E	Turramurra..... F	West Pymble ..... E	Yennora ..... A
Regents Park ..... A	Ryde ..... C	Strathfield ..... C	Turrella..... G	West Ryde ..... B	Yowie Bay ..... G
Regentville ..... E	Sadler..... F	Strawberry Hills ..... E	Ultimo ..... E	Westleigh ..... F	
Revesby ..... E		Summer Hill ..... F		Westmead ..... A	Zetland..... E

## SYDNEY SUBURBAN – Ezy 1 Coupon Area

Picton..... 11.00 LTD	Tahmoor..... 11.00 LTD	Thirlmere ..... 11.00 LTD
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## WOLLONGONG – Ezy 1 Coupon Area

Albion Park..... 9.45	Bulli ..... 9.45	Flinders ..... 9.30	Lake Heights ..... 9.30	Port Kembla ..... 10.00	Warilla ..... 9.30
Albion Park Rail..... 9.45	Coniston ..... 10.30	Gwynneville..... 10.00	Lake Illawarra ..... 9.30	Primbee ..... 9.00	Warrawong..... 10.00
Austinmer ..... 9.30	Cordeaux Heights..... 9.30	Horsley..... 10.20	Mangerton ..... 10.00	Russell Vale..... 10.00	Wingang ..... 9.30
Balarang ..... 9.40	Corrimal ..... 10.00	Haywood Bay ..... 9.30	Mt Keira ..... 10.00	Shell Cove ..... 9.40	Wollongong ..... 10.00
Balgownie ..... 9.00	Cringila ..... 10.00	Kanahooka ..... 10.20	Mt Kembla ..... 9.30	Shellharbour..... 9.40	Wongawilli ..... 10.00
Barrack Heights ..... 9.30	Dapto ..... 10.20	Kembla Grange ..... 9.30	Mt Ousley..... 10.00	Tarrawanna..... 10.00	Woonona ..... 10.00
Barrack Point ..... 9.30	Fairy Meadow ..... 10.15	Kembla Heights..... 9.30	Mt Pleasant (W'gong) ..... 9.00	Thirroul ..... 10.00	
Bass Point ..... 9.30	Farmborough Heights 9.00	Kemblawarra..... 10.00	Mt St Thomas ..... 10.30	Towrandgi ..... 10.00	Yallah ..... 9.30
Bellambi ..... 10.15	Fernhill..... 10.00	Kieraville ..... 10.00	Mt Warrigal..... 9.30	Unanderra ..... 10.30	
Berkeley ..... 9.30	Figtree..... 10.00	Koonawarra..... 9.30			
Blackbutt ..... 9.40					
Brownsville ..... 10.00					

## CENTRAL COAST – Ezy 1 Coupon Area

Avoca ..... 9.00	Chittaway Bay ..... 9.30	Gorokan ..... 9.45	Lisarow ..... 9.30	Rocky Point..... 9.00 LTD	Toukley..... 9.30 LTD
Avoca Beach ..... 9.00 LTD	Chittaway Point..... 8.30	Gosford ..... 10.00	Long Jetty..... 9.30	San Remo ..... 9.00 LTD	Tuggerah..... 10.00
Bateau Bay..... # # # #	Copacabana ..... 9.00 LTD	Green Point ..... 9.00 LTD	MacMasters Beach... 9.00 LTD	Saratoga ..... 10.00	Tuggerawong ..... 9.30 LTD
Bensville ..... 9.00	Daleys Point ..... 9.00	Halekulani ..... 9.30 LTD	Mardi ..... 10.00	Settlement Grove..... 9.30	Tumbi Umbi ..... 10.00
Berkeley Vale ..... 9.00	Davistown ..... 9.00	Hamlyn Terrace..... 9.45	Matcham ..... 9.00	Shelly Beach ..... 9.30 LTD	Umina..... 9.00
Blackwall ..... 9.00	East Gosford ..... 9.00 LTD	Kangy Angy..... 10.30	Narara..... 9.30	Somersby ..... 10.00 LTD	
Blue Bay ..... 9.15	Empire Bay..... 9.00	Kanwal ..... 9.45	Niagara Park ..... 9.30	Springfield..... 10.00 LTD	Wamberal..... 10.00
Blue Haven ..... 9.15 LTD	Erina ..... 10.00	Kariong ..... 9.00	Norah Head ..... 9.00 LTD	St Huberts Island ..... 9.00	Warnervale..... 9.00 LTD
Booker Bay..... 9.00	Erina Heights..... 10.00	Killarney Vale ..... 9.30	Noraville ..... 9.00 LTD	Tacoma ..... 10.00	Watanobbi ..... 10.00
Budgewoi ..... 9.30 LTD	Ettalong ..... 9.00	Kincumber..... 9.00	North Avoca ..... 10.00	Tascott ..... 9.00	West Gosford ..... 10.00
Buff Point..... 9.30 LTD	Forresters Beach ..... 9.00	Koolewong ..... 9.00	Ourimbah ..... 9.00	Terrigal..... 10.00 LTD	Woy Woy ..... 9.00
Canton Beach..... 9.30	Fountaindale ..... 10.30	Lakehaven..... 9.30 LTD	Point Clare ..... 9.00	The Entrance..... 9.30	Wyoming ..... 10.00
Charmhaven..... 9.45			Point Fredrick... 10.00 LTD	Toowoan Bay..... 9.10	Wyong ..... 10.00
					Wyongah ..... 9.30 LTD

## BLUE MOUNTAINS – Ezy 1 Coupon Area

Blackheath..... 15.00 LTD	Faulconbridge ..... 10.30	Katoomba..... 10.00	Medlow Bath..... 15.00 LTD	Valley Heights ..... 10.20	Yellow Rock..... 9.45 LTD
Blaxland ..... 10.30	Glenbrook..... 10.30	Lapstone ..... 10.30	Mt Riverview ..... 10.00	Warrimoo ..... 10.20	
Bullaburra ..... 10.30	Hazelbrook..... 10.30	Lawson ..... 10.30	Springwood..... 10.15	Wentworth Falls..... 9.00	
Emu Heights..... 11.00		Leura ..... 10.30	Sun Valley ..... 11.00	Winnalee ..... 9.45	
		Linden ..... 10.30		Woodford ..... 10.30	

PICK UP AND DELIVERY TIMES MAY VARY FOR SCHOOLS IN SOME AREAS.

N.B. TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE. SUBURBS NOT LISTED ARE OUTSIDE OUR PICK UP SERVICE AREA.

### PICK UP ORDER DEADLINE

#### TABLE ONE

	A	B	C	D	E	F	G	H	I	J	K
AM RUN	11.45AM	11.30AM	11.15AM	11.10AM	11.00AM	10.45AM	10.30AM	10.15AM	10.00AM	9.30AM	9.00AM
PM RUN	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM	4.00PM

Legend # # # # = Suburbs marked with hash please enquire with office for cut-off time  
 LTD = Limited Service for Pick ups and Deliveries – Please enquire with office  
 Wollongong, Central Coast & Blue Mountains = Link coupon required for pick up and delivery from/to these areas

